

# Pilgrims' Primer

# Pilgrimage in bonour of Bl. Mary of the Cross



# Blessing of the pilgrims' flaves and scrips

 $\dot{V}$ . Deus in adjutorium  $\bigstar$  meum intende.

 $\ensuremath{\mathbb{R}}$  . Domine ad adjuvandum me festina.

Oremus.

Domine Jesu Christe, redemptor mundi, qui, verbum Dei, per os beati apostoli tui Pauli innotuisti non habere nos hic manentem civitatem, sed futuram debere hic semper inquirere, quique beatis apostolis precepisti ut, euntes ad predicandum verbum Dei, virgas tantum sumerent, te suppliciter deprecamur, ut degeneris has scarpellas sive peras, pro tui nominis amore ad instar humilis armature latriæ applicandas, et has sustentationis baculos bene¥dicere, quatenus portantes eos, in peregrinationis signum et suorum corporum sustentationem, celestis gratiæ plenitudinam in eis et munimen valeant tuæ benedictiones percipere, et quemadmodum virgam Aaron ad rebellium Judeorum perfidiam repellandam benedixisti, ita et hos famulos tuos per hæc insignia, quæ ad tuam honorem et reverentiam, assumere cupiunt de manibus nostris et ad eorum limina veneranda portare, bene¥dicas et ab omnibus peccatis absolvas, ut in die judicii in parte mereantur dextera collocari. R. Amen.

> Kyrie eleison. Christe eleison. Kyrie eleison.

- $V. O God, incline \bigstar unto my aid.$
- R. O Lord, make haste to help me.

#### Let us pray.

O Lord Jesus Christ, Redeemer of the world, who, being the Word of God, made known through the mouth of Thy blessed Apostle Paul that we have no lasting city, but must here ever seek one in the future, and who enjoined the blessed Apostles that going forth to preach the word of God, they should take but a staff, we humbly beseech Thee, bless 🛧 these bags or wallets to be fastened to the side for the love of Thy Name, in the likeness of humble armour, and these staves of support, so that those carrying them as indications of pilgrimage and for the support of their bodies, may gain by Thy blessing the heavenly graces and reward inhering in them, and just as Thou didst bless the rod of Aaron when it repelled the perfidy of the rebellious Jews, bless  $\bigstar$ also these Thy servants through these insignias, which, to Thine honour and reverence, they desire to from our hands and carry to Thy venerable shrine; absolve them from all sins so that in the day of judgement they may be worthy to be placed at Thy right hand. R. Amen.

> Lord have mercy. Christ have mercy. Lord have mercy.

Pater noster... (silently until)

- et ne nos inducas in tentationem.
- $\mathbb{R}^{\prime}$ . Sed libera nos a malo.
- V. Salvos fac servos tuos, Domine.
- R. Deus meus sperantem in te.
- R⁄. Et de syon tuere eos.
- $\not\!\!\!\! \mathcal{V}.$  Esto eis, Domine, turris fortitudinis.
- $\mathbf{R}$ . A facie inimici.
- R. Salvum fac populum tuum.
- $\rlap{V}$ . Domine, exaudi orationem meam.
- R. Et clamor meus ad te veniat.
- V. Dominus vobiscum.
- R. Et cum spiritu tuo.

#### Oremus.

Deus infinite misericordiæ et majestatis immensæ, quem nec spatia locorum nec intervalla temporum ab hiis quos tueris abiungunt, adesto præsentibus famulis tuis in te ubique fidentibus et, per omnem quam ituri sunt vaim, dux eis et comes esse digneris; nihil eis adversiatis noceat, nihil difficultatis obsistat, cunta eis salubria, cunta sint prospera, ut, sub ope dexteræ tuæ, quicquid justo expetierint desiderio, celeri consequatur effectu. Per Christum Dominum nostrum. R. Amen.

- R. In nomine Christi. Amen.

Our Father ... (silently until)

- and lead us not into temptation.
- *R*. But deliver us from evil.
- *V.* Save Thy servants, Lord.
- R. Who hope in Thee, O my God.
- *V. Send us help, O Lord, from Thy holy place.*
- R. And out of Sion protect us.
- *V.* Be unto us, O Lord, a tower of strength.
- R. From the face of the enemy.
- N. May Thy mercy, Lord.
- *R.* Bring savlation to Thy people.
- V. O Lord, hear my prayer.
- R. And let my cry come unto Thee.
- $\dot{V}$ . The Lord be with you.
- *R*. And with your spirit.

Let us pray.

O God of infinite mercy and unending majesty, whom neither distance nor time can separate from those over whom Thou watchest, be present to Thy servants here who are faithful to Thee and in the paths they are about to journey, we beseech Thee, be their leader and companion; may no adversaries hurt them in any way, nor any difficulties obstruct them, may all health and fortune be granted to them, that by the work of Thy right hand, whatever they seek by just desired may be rapidly brough to fruition. Through Christ Our Lord. R. Amen.

- $\mathcal{V}$ . Let us proceed in peace.
- R. In the name of Christ. Amen.

### Firmly I believe

- F IRMLY I believe and truly God is Three and God is One; And I next acknowledge duly Manhood taken by the Son.
- 2. And I trust and hope most fully In that manhood crucified; And each thought and deed unruly Do to death as he has died.
- 3. Simply to his grace and wholly Light and life and strength belong, And I love supremely, solely, Him the holy, him the strong.
- 4. And I hold in veneration,For the love of him alone,Holy Church as his creation,and her teachings as his own.
- 5. Adoration ay be given,With and through th'angelic host,To the God of earth and heaven,Father, Son and Holy Ghost.

Bl. John Henry Cardinal Newman, 1801–90

#### Laudemus Virginem



 Laulenus Virginem, Materest; Let us praise the Virgin, for she is a Mother; et e-jus Fi-li-us Jesusst. and her Son is Jesus.
 Plagenus scele-ra a-criter; Let us bitterly lament our sins; speartes in Jesum ju-giter. hoping in Jesus perpetually.



Quæ sóla Vírgo párturit: Hæc vóta clémens áccipe. Who is, alone of womankind Mother and Virgin all in one.

Qui pérgis inter lília,
 Séptus choréis Vírginum,
 Spónsus decórus glória,
 Sponsísque réddens præmia.

3. Quocúmque téndis, VírginesSequúntur, atque láudibusPost te canéntes cúrsitant,Hymnósque dúlces pérsonant.

4. Te deprecámur súpplices, Nóstris ut áddas sénsibus, Nescíre prorsus ómnia Corruptiónis vúlnera.

 Vírtus, hónor, laus, glória Déo Pátri cum Fílio, Sáncto simul Paráclito, In sæculórum sæcula.

Amen.

2. Encricled by Thy Virgin band Amid the lilies Thou art found; For Thy pure brides with lavish hand Scattering immortal graces round.

3. And still, wherever Thou dost bend Thy lovely steps, O glorious King, Virgins upon Thy steps attend, And hymns to Thy high glory sing.

4. Keep us, O Purity Divine, From every least corruption free; Our every sense from sin refine, And purify our souls for Thee.

 To God the Father, and the Son All honour, glory, praise be given; With Thee, O holy Paraclete! Henceforth by all in earth and heaven.

Amen. Translation from St. Andrew's Missal

𝖞. Beata Maria crucis. 𝔅

*V.* Blessed Mary of the cross.

R/. Ora pro nobis.

 $\vec{R}$ . Pray for us.



lis homo, et cuncta cre-á- ta simul. and all things Created make reply.



3. Plebs Hebrá-a ti- bi cum palmis óbvi-a venit: The people of the Hebrews With palms before Thee went;



prece, voto, hymnis, ádsumus ecce tibi. and prayer and anthems Before Thee we present.



4. Hi tibi passú-ro solvébant mú-ni-a laudis.

To Thee before Thy PassionThey sang their hymns of praise;



regnánti pángimus ecce melos. now high exalted Our melody we raise.



5. Hi placu-ére ti- bi pláce-at devó- ti-o nostra: Thou didst accept their praises, Accept the prayers we bring,



Rex bo-Who in



ne Rex clemens, cu-i bona cuncta placent. all good delightest, Thou good and gracious King.

> St. Theodulf of Orleans, d. 821 Translated by J. M. Neale, 1818–66

# Jubilate Deo



Michael Prætorius, 1571–1621

## Stella splendens









2. Principes et magnates ex stirpe regia, 2. Leaders and magnates of royal Sæculi potestates obtenta venia Peccaminum proclamant tundentes pectora,

Poplite flexo clamant hic: Ave Maria.

- 3. Prælati et barones, comites incliti, Religiosi omnes atque prebyteri, Milites, mercatores, cives, marinari, Burgenses, piscatores præmiantur ibi.
- 4. Rustici aratores, nec non notarii, Advocati, scultores, cuncti ligni fabri, Sartores et sutores, nec non lanitici Artifices et omes gratulanture ibi.
- 5. Reginæ, comitissæ, illustres domninæ, Potentes et ancillæ, juvenes parvulæ, Virgines et antiquæ pariter viduæ Conscendunt et hunc montem et religiosæ.
- 6. Cœtus hi aggregantur, hic ut exhibeant

Vota, regraniantur, ut ipsa et reddant Aulam istam ditantes, hoc cuncti videant,

Jocalibus ornates, soluti redeant.

- 7. Cuncti ergo precantes, sexus utriusque,
  - Mentes nostras mundantes oremus devote

Virginem gloriosam, Matrem clementiæ, In cœlis gratiosam sentiamus vere.

- lineagae, great men of the world who possess grace proclaim their sins and beat their breasts and cry on bended knee: Hail Mary.
- 3. Prelates and barons with their celebrated retinues, all monks and priests, soldiers, merchants, citizens, sailors, townspeople and fishermen sing praises here.
- 4. Farmers, ploughmen and also scribes, advocates, sculptors and all carpenters, tailors and cobblers and all weavers; all artisans rejoice here.
- 5. Queens, noblewomen, illustrious ladies of power and their handmaidens, young girls, virgins, old women and widows, climb the mountain, as do nuns.
- 6. The assembly is gathered here to declare to you a vow, and to give thanks; to fulfil this vow in this glorious place, so all may see you return in joy, and all may share your salvation.
- 7. So shall we all pray, both men and women, and in true humility acknowledge our sins to the glorious Virgin, Mother of clemency, so that we may be favoured with Heaven. Llibre Vermell de Monserrat

## Litany of Loreto



Sancta Ma-**rí-** a, Holy Mary,

o- ra pro no- bis. pray for us.

#### PILGRIMS' PRIMER

Sancta Dei **Gé**nitrix, *Holy Mother of God*, Sancta Virgo **ví**rginum, *Holy Virgin of virgins*, Mater **Chri**sti, *Mother of Christ*, Mater Ecclésiæ, *Mother of the Church*, Mater divínæ **grá**tiæ, *Mother of divine grace*, Mater pu**rí**ssima, *Mother most pure*, Mater ca**stí**ssima, *Mother most chaste*, Mater invioláta, *Mother inviolate*, Mater inteme**rá**ta, *Mother undefiled*, Mater a**má**bilis, *Mother most amiable*, Mater admi**rá**bilis, *Mother most admirable*, Mater boni con**sí**lii, *Mother of good counsel*, Mater Creatóris, Mother of our Creator, Mater Salvatóris. Mother of our Saviour, Virgo prudentíssima, Virgin most prudent, Virgo vene**rán**da, Virgin most venerable, Virgo praedi**cán**da, Virgin most renowned, Virgo **pot**ens, Virgin most powerful, Virgo **cle**mens, Virgin most merciful, Virgo fi**dé**lis, Virgin most faithful, Spéculum justítiae, Mirror of justice, Sédes sapi**én**tiae, Seat of wisdom, Cáusa nostrae lae**tí**tiae, Cause of our joy, Vas spiritu**á**le, Spiritual vessel, Vas hono**rá**bile, Vessel of honour, Vas insígne devotiónis, Singular vessel of devotion, Rósa **mýs**tica, Mystic rose, Túrris Da**ví**dica, Tower of David, Túrris e**búr**nea Tower of ivory, Dómus **áu**rea, House of gold, Féderis árca. Ark of the covenant,

Jánua céli, Gate of heaven, Stélla matutína. Morning star, Sálus infir**mó**rum, Health of the sick, Refúgium peccatórum, Refuge of sinners, Consolátrix afflic**tó**rum, Comforter of the afflicted, Auxílium Christia**nó**rum, Help of Christians, Regína Angelórum, Queen of Angels, Regína Patriarchárum, Queen of Patriarchs, Regína Prophetárum, Queen of Prophets, Regína Apostolórum, Queen of Apostles, Regína **Már**tyrum, Queen of Martyrs, Regína Confessórum, Queen of Confessors, Regína Vírginum, Queen of Virgins, Regína Sanctorum **óm**nium, Queen of all Saints, Regína sine labe origináli con**cép**ta, Queen conceived without original sin, Regína in cælum as**súmp**ta, Queen assumed into heaven, Regína sacratíssimi Rosárii, Queen of the most holy Rosary, Regína fa**mí**liæ, Queen of the family, Regína **pa**cis, Queen of peace,



miserére no-bis. have mercy on us.

> Ý. Ora pro nobis sancta Dei Génitrix. Pray for us, O holy Mother of God.
> R. Ut digni efficiámur promissiónibus Christi. That we may be made worthy of the promises of Christ.

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Oremus.

C ONCÉDE nos fámulos tuos, quásumus Dómine Deus, perpétua méntis et córporis sanitáte gáudere: † et gloriósa beátae Maríae semper Vírginis intercessióne, \* a praesénti liberári tristítia, et aetérna pérfrui laetítia. Per Christum Dóminum nostrum. R<sup>2</sup>. Amen. Let us Pray.

Grant, we beseech Thee, O Lord God, that we thy servants may enjoy perpetual health of mind and body: † and by the intercession of the glorious blessed Virgin Mary, \* may be delivered from present sorrow, and obtain eternal joy. Through Christ our Lord. R. Amen.

#### Virgo Dei Genitrix



In tu-a se clausit vísce-ra factus homo. enclosed Himself in thy womb, being made man.

- 2. Vera fides Géniti purgávit crímina mundi, Et tibi virgínitas invioláta manet.
- Te matrem pietátis, opem te clámitat orbis: Subvénias famulis, o benedícta tuis.
- 4. Glória magna Patri, compar sit glória Nato, Spirítui Sancto glória magna Deo.

Amen.

#### I vou to thee, my country

I vow to thee, my country– all earthly things above– Entire and whole and perfect, the service of my love: The love that asks no question, the love that stands the test, That lays upon the altar the dearest and the best; The love that never falters, the love that pays the price, The love that makes undaunted the final sacrifice.

- 2. True faith in the Son has purged the sins of the world, and your virginity remains inviolate.
- 3. The world cries to thee for aid, loving mother;
  O thou blessed one, mayest thou succour thy people.
- 4. Glory be to the Father, and equal glory to the Son, and to the Holy Spirit, to God be great glory.

Amen.

2. And there's another country, I've heard of long ago,
Most dear to them that love her, most great to them that know;
We may not count her armies, we may not see her King;
Her fortress is a faithful heart, her pride is suffering;
And soul by soul and silently her shining bounds increase,
And her ways are ways of gentleness and all her paths are Peace.

## Stabat Mater dolorosa







Dum pendébat Fí-li-us. Close to Jesus to the last.

- Cujus ánimam geméntem, Contristátem et doléntem Pertransívit gládius.
- 3. O quam tristis et afflícta Fuit illa benedícta Mater Unigéniti!
- Quæ mærébat et dolébat, Pia Mater, dum vidébat Nati pœnas ínclyti.
- 5. Quis est homo qui non fleret, Matrem Christi si vidéret In tanto supplício?
- 6. Quis non posset contristári, Christi Matrem contemplári Doléntem cum Fílio?
- Pro peccátis suæ gentis, Vidit Jesum in torméntis, Et flagéllus súbditum.
- Vidit suum dulcem Natum Moriéndo desolátum, Dum emísit spíritum.
- 9. Eia Mater, fons amóris, Me sentíre vim dolóris Fac, ut tecum lúgeam.

- Through her heart, His sorrow sharing,
   All His bitter anguish bearing,
   Now at length the sword had pass'd.
- 3. Oh, how sad and sore distresséd Was that mother highly blesséd Of the sole-begotten One!
- 4. Christ above in torment hangs; She beneath beholds the pangs Of her dying glorious Son.
- 5. Is there one who would not weep, Whelm'd in miseries so deep, Christ's dear Mother to behold?
- 6. Can the human heart refrain From partaking in her pain In that Mother's pain untold?
- 7. Bruis'd, derided, curs'd, defil'd, She beheld her tender Child, All with bloody scourges rent.
- 8. For the sins of His own nation, Saw Him hang in desolation, Till His spirit forth He sent.
- 9. O thou Mother! fount of love! Touch my spirit from above, Make my heart with thine accord.

- Fac ut árdeat cor meum In amándo Christum Deum, Ut sibi compláceam.
- Sancta Mater, istud agas, Crucifíxi fige plagas Cordi meo válide.
- Tui Nati vulneráti, Tam dignáti pro me pati, Pœnas mecum dívide.
- Fac me tecum pie flere, Crucifíxo condolére, Donec ego víxero.
- 14. Juxta Crucem tecum stare, Et me tibi sociáre In planctu desídero.
- 15. Virgo vírginem præclára, Mihi jam non sis amára: Fac me tecum plángere.
- Fac ut portem Christi mortem Passiónis fac consórtem, Et plagas recólere.
- 17. Fac me plagis vulnerári, Fac me Cruce inebriári, Et cruóre Fílii.
- Flammis ne urar succénsus, Per te, Virgo, sim defénsus In die judícii.
- Christe, cum sit hinc exíre, Da per Matrem me veníre Ad palmam victóriæ.
- Quando corpus moriétur, Fac ut ánimæ donétur Paradísi glória. Amen.

- Make me feel as thou hast felt: Make my soul to glow and melt With the love of Christ my Lord.
- 11. Holy Mother, pierce me through, In my heart each wound renew Of my Saviour crucified.
- 12. Let me share with thee His pain, Who for all my sins was slain, Who for me in torments died.
- 13. Let me mingle tears with thee.Mourning him who mourned for me, All the days that I may live.
- 14. By the Cross with thee to stay, There with thee to weep and pray, All the days that I may live.
- 15. Virgin of all virgins blest, Listen to my fond request: Let me share thy grief divine.
- 16. Let me, to my latest breath, In my body bear the death Of that dying Son of thine.
- Wounded with His every wound, Steep my soul till it has swoon'd In His very Blood away.
- Be to me, O Virgin, nigh Lest in flames I burn and die, In His awful Judgement day.
- 19. Christ, when Thou shalt call me hence,
  Be Thy Mother my defence,
  Be Thy cross my victory.
- 20. While my body here decays, May my soul Thy goodness praise, Safe in Paradise with Thee. Amen.
- Ascribed to Jacapone da Todi, 13th century Translation Fr. E. Caswall 1814–1878

## Veni Sancte Spiritus



Thou



Riga quod est á-ridum, Sana quod est sáuci-um. On our dryness pour thy dew; Wash the stains of guilt away.



Ascribed to Stephen Langton, 12th century Translated by Fr. Edward Caswall, 1814–1878

# To be a pilgrim

W HO would true valour see, let him come hither; One here will constant be, come wind come weather. There's no discouragement shall make him once relent His first avowed intent to be a pilgrim.

2. Whoso beset him round with dismal stories,
Do but themselves confound; his strength the more is.
No lion can him fright, he'll with a giant fight,
But he will have the right to be a pilgrim. 3. Hobgoblin nor foul fiend can daunt his spirit: He knows he at the end shall life inherit.
Then fancies fly away; he'll not fear what men say; He'll labour night and day to be a pilgrim.

#### Veni Creator Spiritus





- Qui díceris Paráclitus, Altíssimi donum Dei, Fons vivus, ignis, cáritas, Et spiritális únctio.
- Tu septifórmis múnere, Dígitus patérnæ déxteræ, Tu rite promíssum Patris, Sermóne ditans gúttura.
- 4. Accénde lumen sénsibus, Infúnde amórem córdibus, Infírma nostri córporis Virtúte firmans pérpeti.
- 5. Hostem repéllas lóngius Pacémque dones prótinus : Ductóre sic te prévio, Vitémus omne nóxium.
- Per te sciámus da Patrem, Noscámus atque Fílium, Teque utriúsque Spíritum Credámus omni témpore.
- 7. Deo Patri sit glória, Et Fílio, qui a mórtuis Surréxit, ac Paráclito, In sæculórum sæcula.

- 2. Thou who art called the Paraclete, Best gift of God above, The living spring, the living fire, Sweet unction and true love.
- 3. Thou who art se'enfold in thy grace, Finger of God's right hand; His promise, teaching little ones To speak and understand.
- 4. O guide our minds with Thy blest light, With love our hearts inflame; And with thy strength, which ne'er decays, Confirm our mortal frame.
- Far from us drive our deadly foe; True peace unto us bring; And through all perils lead us safe Beneath Thy sacred wing.
- 6. Through Thee may we the Father know, Through Thee th' eternal Son, And Thee the Spirit of them both, Thrice blessed Three in One.
- 7. All Glory to the Father be, With his co-equal Son: The same to Thee, great Paraclete, While endless ages run.

Ascribed to Rabanus Maurius, 776--856

# 0 filii et filiæ





1. O fí-li-i et fí-li-æ, Rex cæ-léstis, Rex gló-ri-æ, O sons and daughters, let us siThe King of heaven, the glorious King





Morte surré- xit hó- di-e, alle-lú-ia. This day from death rose triumphing,

- 2. Et mane prima sabbati, Ad ostium monumenti Accesserunt discipuli, alleluia.
- Et Maria Magdalene, Et Jacobi et Salome, Venerunt corpus ungere, alleluia.
- 4. In albis sedens Angelus Praedixit mulieribus: In Galilaea est Dominus, alleluia.
- 5. Et Joannes Apostolus Cucurrit Petro citius, Monumento venit prius, alleluia.
- 6. Discipulis astantibus, In medio stetit Christus, Dicens : Pax vobis omnibus, alleluia

- 2. On Sunday morn by break of day, His dear disciples haste away Unto the tomb wherein He lay, alleluia.
- 3. Nor Magdalen, nor Salome, Nor James' mother now delay To embalm the precious corpse straightway, alleluia.
- 4. An Angel clothed in white they see, When thither come, and thus spake he,

"The Lord is gone to Galilee." alleluia.

- 5. The dear beloved apostle, John Much swifter than St. Peter run, And first arrived at the tomb, alleluia.
- 6. That night th' apostles met in fear; Amidst them came their Lord most dear,
  - And said, "My peace be on all here," alleluia.

<ul> <li>7. Ut intellexit Didymus</li> <li>Quia surrexerat Jesus,</li> <li>Remansit fere dubius, alleluia</li> </ul>	<ul> <li>7. When Thomas first the tidings heard, how they had seen the risen Lord,</li> <li>a. be doubted the disciples' word, alleluia.</li> </ul>
<ul><li>8. Vide Thoma, vide latus, Vide pedes, vide manus, Noli esse incredulus, alleluia.</li><li>9. Quando Thomas Christi</li></ul>	8. "My piercéd side, O Thomas, see; my hands, my feet, I show to thee; not faithless, but believing be," alleluia.
latus, Pedes vidit atque manus, Dixit : Tu es Deus meus, alleluia.	<ul> <li>9. No longer Thomas then denied, he saw the feet, the hands, the side; "Thou art my Lord and God," he cried, alleluia.</li> </ul>
<ul> <li>10. Beati qui non viderunt,</li> <li>Et firmiter crediderunt,</li> <li>Vitam aeternam habebunt,</li> <li>alleluia</li> </ul>	<ul> <li>10. How blest are they who have not seen,</li> <li>And yet whose faith has constant been,</li> <li>For they eternal life shall win, alleluia.</li> </ul>
11. In hoc festo sanctissimo Sit laus et jubilatio, Веледісамиз Доміло, alleluia.	<ul> <li>11. On this most solemn feast let's raise Our hearts to God in hymns of praise, And let us bless the Lord always, alleluia.</li> </ul>
12. De quibus nos humillimas Devotas atque debitas DEO dicamus GRATIAS, alleluia.	12. Our grateful thanks to God let's give In humble manner, while we live, For all the favours we receive, alleluia.

Jean Tisserand O.F.M., d. 1494 Translation from Evening Office, 1748 and Divine Office, 1763 Verses 6–9, J. M. Neale, 1818–66

### Jesus, my Lord

 $J_{\rm all,}^{\rm ESUS, \ my \ Lord, \ my \ God, \ my}$ 

How can I love Thee as I ought?And how revere this wondrous gift,So far surpassing hope or thought?Sweet Sacrament, we Thee adore;Oh, make us love Thee more and more.

2. Had I but Mary's sinless heart To love Thee with, my dearest King, Oh, with what bursts of fervent praise Thy goodness, Jesus, would I sing! Sweet Sacrament, we Thee adore; Oh, make us love Thee more and more.

## Jerusalem, my happy home

#### Part 1.

 $\begin{array}{l} J \\ {}^{\rm ERUSALEM, \ my \ happy \ home,} \\ {}^{\rm When \ shall \ I \ come \ to \ thee?} \\ {}^{\rm When \ shall \ my \ sorrows \ have \ an \ end?} \\ {}^{\rm Thy \ joys \ when \ shall \ I \ see?} \end{array}$ 

- 2. O happy harbour of the saints!O sweet and pleasant soil!In thee no sorrow may be found, No grief, no care, no toil.
- 3. In thee no sickness may be seen, No hurt, no ache, no sore; In thee there is no dread of death, But life for evermore.
- 4. No dampish mist is seen in thee, No cold nor darksome night; There every soul shines as the sun; There God himself gives light.
- 5. There lust and lucre cannot dwell;There envy bears no sway;There is no hunger, heat, nor cold, But pleasure every way.
- Jerusalem, Jerusalem, God grant I once may see Thy endless joys, and of the same Partaker ay may be!

#### Part 2.

J ERUSALEM, my happy home, When shall I come to thee? When shall my sorrows have an end? Thy joys when shall I see?

2. Thy saints are crowned with glory great;

They see God face to face; They triumph still, they still rejoice: Most happy is their case.

- 7. Thy walls are made of precious stones,Thy bulwarks diamonds square;Thy gates are of right orient pearl;
  - Exceeding rich and rare;
- 8. Thy turrets and thy pinnacles With carbuncles do shine; Thy very streets are paved with gold, Surpassing clear and fine;
- 9. Thy houses are of ivory, Thy windows crystal clear; Thy tiles are made of beaten gold O God that I were there.
- 10. Within thy gates no thing doth come That is not passing clean, No spider's web, no dirt, no dust, No filth may there be seen.
- 11. Ah, my sweet home, Jerusalem, Would God I were in thee! Would God my woes were at an end, Thy joys that I might see!
  - 3. We that are here in banishment, Continually do moan; We sigh and sob, we weep and wail, Perpetually we groan.
  - 4. Our sweet is mixed with bitter gall, Our pleasure is but pain, Our joys scarce last the looking on, Our sorrows still remain.

- 5. But there they live in such delight, Such pleasure and such play, As that to them a thousand years Doth seem as yesterday.
- Most beautiful and fair, Full furnished with trees and fruits, Most wonderful and rare:

7. Thy gardens and thy gallant walks Continually are green;

There grow such sweet and pleasant flowers

As nowhere else are seen.

#### Part 3.

ERUSALEM, my happy home, **J** When shall I come to thee? When shall my sorrows have an end? Thy joys when shall I see?

2. Quite through the streets with silver 6. Te Deum doth Saint Ambrose sound

The flood of life doth flow, Upon whose banks on every side The wood of life doth grow.

- 3. There trees for evermore bear fruit, And evermore do spring; There everyone the angels sit, And evermore do sing;
- 4. There David stands with harp in hand

As master of the choir

Ten thousand times that man were blest

That might this music hear.

- 8. There's nectar and ambrosia made, There's musk and civet sweet; There many a fair and dainty drug Is trodden underfeet.
- 6. Thy vineyards and thy orchards are 9. There cinnamon, there sugar grows, There nard and balm abound; What tongue can tell, or heart conceive,

The joys that there are found?

10. Jerusalem, my happy home, When shall I come to thee? When shall my sorrows have an end? Thy joys when shall I see?

5. Our Lady sings Magnificat With tunes surpassing sweet; And all the virgins bear their parts, Sitting around her feet.

sing, Saint Austin doth the like;

Old Simeon and Zachary Have not their songs to seek.

7. There Magdalene hath left her moan, And cheerfully doth sing With blessed saints, whose harmony In every street doth ring.

- 8. Jerusalem, my happy home, Would God I were in thee! Would God my woes were at an end,
  - Thy joys that I might see!

Attributed to Laurence Anderton, alias J. Brerely, S.J. 16th century

## Glory be to Jesus

- $\begin{array}{c} {\rm G}_{\rm LORY\ be\ to\ Jesus} \\ {\rm Who\ in\ bitter\ pains} \\ {\rm Pour'd\ for\ me\ the\ life-blood} \\ {\rm From\ his\ sacred\ veins.} \end{array}$ 
  - Grace and life eternal In that blood I find: Blest be his compassion, Infinitely kind.
  - 3. Blest through endless ages Be the precious stream, Which from endless torment Doth the world redeem.
  - 4. There the fainting spirit Drinks of life her fill; There as in a fountain Laves herself at will.

- 5. Abel's blood for vengeance Pleaded to the skies;But the blood of Jesus For our pardon cries.
- Oft as it is sprinkled On our guilty hearts, Satan in confusion Terror–struck departs.
- 7. Oft as earth exalting Wafts its praise on high, Hell with horror trembles; Heav'n is filled with joy.
- 8. Lift ye, then, your voices;Swell the mighty flood;Louder still and louder,Praise the Precious Blood.

Translated by Fr. E. Caswall, 1814-78



# Non nobis, Domine

# Help of Chriftians

H ELP of Christians, guard this land, From assault or inward stain; Let it be what Christ has planned, His new Eden where you reign.

2. Teach us that in Christ thy Son	4. Take from us the coward heart,
Lies the wisdom to be free;	Fleeting will, divided mind,
For the Cross, which we would	Give us sight to play our part,
shun,	Though the world around is
Is man's Tree of Liberty.	blind.
3. Should the powers of hell arise, And our peace be trampled down, In that night of blood and lies Show us still thy twelve starred crown.	<ul> <li>5. Image of the risen life</li> <li>Shining in eternity,</li> <li>Glimmer through our earthly strife,</li> <li>Draw us to thy victory.</li> </ul>

Prof. J. McAuley 1917–76

#### Ave Maria

Alternate round setting:



#### Hail Redeemer

H AIL REDEEMER, King Divine, Priest and Lamb, the throne is Thine, King whose reign shall never cease, Prince of everlasting peace.

- Ant. Angels, saints and nations sing, Praised be Jesus Christ, our King, Lord of life, earth sky and sea, King of love on Calvary.
  - King, whose name creation thrills, Rule our minds, our hearts, our wills, Till in peace each nation rings With Thy praises King of Kings.
  - 3. King most holy, King of truth, Guide the lowly, guard the youth; Christ Thou King of glory bright, Be to us eternal light.
  - 4. Shepherd-King, o'er mountain steep, Homeward bring the wandering sheep; Shelter in one royal fold States and kingdoms new and old.

P. Brennan 1877–1951

#### To Jesus' Heart

T<sup>O</sup> JESUS' HEART all burning With fervent love for men, My heart with fondest yearning Shall raise its joyful strain.

Ant. While ages course along, Blest be with loudest song The Sacred Heart of Jesus By every heart and tongue. 2. O Heart, for me on fire With love no man can speak, My yet untold desire God gives me for Thy sake.

3. When life away is flying, And earth's false glare is done; Still, Sacred Heart, in dying I'll say I'm all Thy own.

Aloys Schlör, 1805–52 Translated by A. J. Christie, S.J.,1817–91

#### Chriftus vincit



Choir repeats Christus vincit.



Sancte Jo-seph. Saint Joseph,


All repeat Christus vincit.



et universáli Papæ vita! Salvátor mundi.

and Pope of the universal Church, long life!Saviour of the world,



Tu illum



ádjuva Sancte Petre. Tu illum ádjuva do Thou help him. Saint Peter, do Thou help him.





Redémpti sánguine Christi! Felíciter! To all redeemed by the Blood of Christ,



A- men.

8th century

### Laudate nomen Domini



## Faireft Lord Jesus

 $F_{\rm Lord \ of \ all \ creation,}^{\rm AIREST \ LORD \ JESUS,} \\ O \ Thou \ of \ God \ and \ man \ the \ son; \\ Thee \ will \ I \ cherish, \\ Thee \ will \ I \ honour, \\ Thou \ art \ my \ soul's \ delight \ and \ crown. \\ \end{cases}$ 

2. Fair are the meadows, fairer still the woodlands, robed in the verdure and bloom of spring. Jesus is fairer, Jesus is purer, Who makes the saddest heart to sing.
3. Fair are the flowers, fairer still the children,

in all the freshness of youth arrayed;

yet is their beauty fading and fleeting;

Lord Jesus, Thine will never fade.

- 4. Fair is the moonlight, fairer still the sunshine, fair is the shimmering starry sky: Jesus shines brighter, Jesus shines clearer than all the heavenly host on high.
- 5. All fairest beauty heavenly and earthly, wondrously, Jesus, is found in Thee; none can be nearer, fairer of dearer than Thou, my Saviour, art to me.

6. Beautiful Saviour!Lord of all the nations!Son of God and Son of Man!Glory and honor,praise, adoration,Now and forever more be Thine.

Ascribed to the Crusaders

# Vexilla Regis prodeunt



- Quae vulneráta lánceæ Mucróne diro, críminum Ut nos laváret sórdibus, Manávit unda et sánguine.
- 3. Impléta sunt quæ cóncinit David fidéli cármine, Dicéndo natiónibus : Regnávit a ligno Deus.
- 4. Arbor decóra et fúlgida, Ornáta Regis púrpura, Elécta digno stípite Tam sancta membra tángere.
- 5. Beáta, cujus bráchiis Prétium pepéndit sæculi : Statéra facta córporis, Tulítque prædam tártari.
- 6. O Crux ave, spes única, In hac triúmphi glória : Piis adáuge grátiam, Reísque dele crímina.
- 7. Te, fons salútis Trínitas, Colláudet omnis spíritus : Quibus Crucis victóriam Largíris, adde præmium. Amen.

- 2. Who, wounded with a direful spear, Did, purposely to wash us clear From stain of sin pour out a flood Of precious water mixed with blood.
- 3. That which the prophet-king of old Hath in mysterious verse foretold, Is now accomplished, whilst we see God ruling nations from a Tree.
- 4. O lovely and refulgent Tree, Adorned with purpled majesty; Culled from a worthy stock, to bear Those limbs which sanctifiéd were.
- 5. Blest Tree, whose happy branches bore
  The wealth that did the world restore;

The beam that did the Body weigh Which raised up hell's expected prey.

6. Hail Cross, of hopes the most sublime!

Now, in this mournful Passion time; Grant to the just increase of grace, And every sinner's crimes efface.

7. Blest Trinity, salvation's spring May every soul Thy praises sing; To thos Thou grantest conquest by The holy Cross, rewards supply.

Amen

V. Hoc sígnum in Crúcis érit in cáelo. This sign of the Cross shall be in heaven.
R. Cum Dóminus ad judicándum vénerit. When the Lord shall come to judgement.

> Venantius Fortunatus 530–609 Translated by W. K. Blount, d. 1717

## Dona nobis pacem



## Crux fidelis





Quáli- ter Re-démptor orbis, Immolá-tus více- rit. Crux. How, the pains of death enduring, Earth's Redeemer won the day.

- 2. De paréntis protoplásti
  Fraude Factor cóndolens,
  Quando pomi noxiális
  In necem morsu ruit:
  Ipse lignum tunc notávit,
  Damna ligni ut solveret. Dulce.
- 2. He, our Maker, deeply grieving That the first-made Adam fell, When he ate the fruit forbidden Whose reward was death and hell, Marked e'en then this Tree the ruin Of the first tree to dispel.

- 3. Hoc opus nostræ salútis
  Ordo depopóscerat:
  Multifórmis proditóris
  Ars ut artem fálleret:
  Et medélam ferret inde,
  Hostis unde læserat. Crux.
- 4. Quando venit ergo sacri Plenitúdo témporis, Missus est ab arce Patris Natus, orbis Cónditor, Atque ventre virgináli Carne amíctus pródiit. Dulce.
- 5. Vagit infans inter arcta Cónditus præsépia: Membra pannis involúta Virgo Mater álligat: Et Dei manus pedésque Stricta cingit fáscia. Crux.
- 6. Lustra sex qui jam perégit, Tempus implens córporis, Sponte líbera Redémptor Passióni déditus, Agnus in Crucis levátur Immolándus stípite. Dulce.
- 7. Felle potus ecce languet: Spina, clavi, láncea, Mite corpus perforárunt, Unda manat et cruor: Terra, pontus, astra, mundus, Quo lavántur flúmine! Crux.
- 8. Flecte ramos, arbor alta, Tensa laxa víscera, Et rigor lentéscat ille, Quem dedit natívitas: Et supérni membra Regis Tende miti stípite. Dulce.

- 3. Thus the work for our salvation He ordainéd to be done; To the traitor's art opposing Art yet deeper than his own; Thence the remedy procuring Whence the fatal wound begun.
- 4. Therefore, when at a length the fulness
  Of the appointed time was come, He was sent, the world's Creator, From the Father's heavenly home, And was found in human fashion, Offspring of the Virgin's Womb,
- 5. Lo! He lies, an infant weeping, Where the narrow manger stands, While the Mother-Maid His members Wraps in mean and lowly bands, And the swaddling-clothes is winding Round His helpless feet and hands.
- 6. Thirty years among us dwelling His appointed time fulfilled, Born for this, He meets His Passion For that this He freely willed: On the Cross the Lamb is lifted, Where His life-blood shall be spilled.
- 7. He endured the nails, the spitting, Vinegar, and spear, and reed; From that holy Body broken Blood and water, forth proceed: Earth and stars and sky and ocean By that flood from stain are freed.
- 8. Bend thy boughs, O Tree of Glory! Thy too rigid sinews bend; And awhile the stubborn hardness, Which thy birth bestow'd, suspend; And King of heavenly beauty On thy bosom gently tend.

- 9. Sola digna tu fuísti
  Ferre mundi víctimam:
  Atque portum præparáre
  Arca mundo náufrago:
  Quam sacer cruor perúnxit,
  Fusus Agni córpore. Crux.
- 10. Sempitérna sit beátæ Trinitáti glória: Æqua Patri Filióque; Par decus Paráclito: Uníus Triníque nomen Laudet univérsitas. Amen. Dulce.
- 9. Thou alone wast counted worthy This world's ransom to uphold, For a shipwrecked race preparing Harbour, like the Ark of old; With the sacred Blood anointed From the smitten Lamb that rolled.
- 10. To the Trinity be glory Everlasting as is meet; Equal to the Father, equal To the Son and Paraclete; Trinal Unity, whose praises All created things repeat. Amen.

Venantius Fortunatus 530–609 Translation by J. M. Neale and others

# Ave maris stella



- Sumens illud Ave Gabriélis ore, Funda nos in pace, Mutans Hevæ nomen.
- 3. Solve vincla reis,Profer lumen cæcis:Mala nostra pelle,Bona cuncta posce.
- 4. Monstra te esse matrem: Sumat per te preces, Qui pro nobis natus, Tulit esse tuus.
- 5. Virgo singuláris, Inter omnes mitis, Non culpis solútos, Mites fac et castos.
- 6. Vitam præsta puram, Iter para tutum : Ut vidéntes Jesum, Semper collætémur.
- 7. Sit laus Deo Patri, Summo Christo decus, Spirítui Sancto, Tribus honor unus.

- 2. Taking that sweet Ave Erst by Gabriel spoken, Eva's name reversing, Be of peace the token.
- 3. Break the sinner's fetters, Light to blind restoring, All our ills dispelling Every boon imploring.
- 4. Show thyself a Mother In thy supplication; He will hear who chose thee At His Incarnation.
- 5. Maid all maids excelling, Passing meek and lowly, Win for sinners pardon, Make us chaste and holy.
- 6. As we onward journey Aid our weak endeavour Till we gaze on Jesus And rejoice forever.
- 7. Father, Son and Spirit, Three in One confessing, Give we equal glory Equal praise and blessing.

9th century

Translated by John Athelstan Riley, 1858-1945

# Gaudete, gaudete



The time of grace has come For which we have prayed Let us devoutly Sing songs of joy.



- Deus homo factus est, Natura mirante, Mundus renovatus est A Christo regnante.
- Ezechielis porta Clausa per transitur, Unde lux est orta Salus invenitur.
- 4. Ergo nostra contio Psallat jam in lustro, Benedicat Domino, Salus Regi nostro.

- 2. God is made man, While nature wonders The world is renewed By Christ the King.
- 3. The closed gate of Ezekiel Has been passed through; Whence the light has risen, Salvation is found.
- 4. Therefore let our assembly Sing praises at this time of purification Let us bless the Lord: Greetings to our King.

### Battle is o'er

 $B_{\rm Raise\ we\ the\ cry\ of\ victory}^{\rm ATTLE\ is\ o'er,\ hell's\ armies\ flee;}$  With abounding joy resounding, alleluia.

- Christ, who endured the shameful tree, O'er death triumphant welcome we, Our adoring praise outpouring, alleluia.
- 3. On the third morn fom death rose he, Clothed with what light in heaven shall be, Our unswerving faith deserving, alleluia.
- 4. Hell's gloomy gates yield up their key, Paradise door thrown wide we see; Never-tiring be our choiring, alleluia.
- 5. Lord by the stripes men laid on thee,
  Grant us to live from death set free,
  This our greeting still repeating, alleluia.
  Simphonia Sirenum, 1695. Tr. R. A Knox, 1888-1957

## Hail Queen of beaven

H AIL, Queen of heav'n, the ocean star,

Guard of the wand'rer here below;

Thrown on life's surge, we claim thy care–

Save us from peril and from woe. Mother of Christ, star of the sea, Pray for the wanderer, pray for me.

2. O gentle, chaste and spotless maid, We sinners make our prayers through thee;

Remind thy Son that He has paid The price of our iniquity.

Virgin most pure, star of the sea,

Pray for the sinner, pray for me.

3. Sojourners in this vale of tears, To thee, blest advocate, we cry: Pity our sorrows, calm our fears, And soothe with hope our misery. Refuge in grief, star of the sea, Pray for the mourner, pray for me.

4. And while to Him who reigns above,

In Godhead One, in Persons Three, The source of life, of grace of love, Homage we pay on bended knee; Do thou bright queen, star of the sea,

Pray for thy children, pray for me.

John Lingard 1771–1851

#### Ave verum



kind, O loving one!



fi-li Marí-æ. Mary's Son.

> Ascribed to Pope Innocent VI, 1362 Translation from the Roman Missal 1914 Tentatively ascribed to Fr. E. Caswall

### Sacris solemniis



and all be made new, our hearts, words and deeds.

- 2. Noctis recólitur cœna novíssima, Qua Christus créditur agnum et ázyma Dedísse frátribus, juxta legitima Priscis indúlta pátribus. 3. Post agnum týpicum, explétis épulis, Corpus Domínicum datum discípulis, Sic totum ómnibus, quod totum síngulis, Ejus fatémur mánibus. 4. Dedit fragílibus córporis férculum, 4. To the weak he gave his Dedit et trístibus sánguinis póculum, Dicens: Accípite quod trado vásculum,
  - Omnes ex eo bíbite.
- 5. Sic sacrifícium istud instítuit, Cujus offícium commítti vóluit Solis presbýteris, quibus sic cóngruit.
  - Ut sumant, et dent céteris.
- 6. Panis angélicus fit panis hóminum: Dat panis cálicus figúris términum: O res mirábilis! mandúcat Dóminum Pauper, servus, et húmilis.
- 7. Te trina Déitas únaque póscimus, Sic nos tu vísita, sicut te cólimus: Per tuas sémitas duc nos quo téndimus, Ad lucem quam inhábitas.
  - Amen.

- 2. Now we remember the supper of that last evening, in which we know that Christ gave the paschal lamb and the unleavened bread to the brethren, according to the law of the ancient fathers.
- 3. After the symbol of the lamb, supper being over, we believe that the body of the Lord was given to the disciples by his own hands, whole to all and whole to each one.
  - strengthening body, to the sad the cup of his blood, saying: Receive what I give you, drink ye all of this.
- 5. So he founded this sacrifice, which he committed to priests alone, that they should partake and give to the others.
- 6. The bread of angels becomes bread of men; the heavenly food makes an end of symbols. O wonderful thing, a poor and lowly servant eats the body of the Lord.
- 7. We pray thee, Godhead three and one, come to us as we worship thee; lead us by thy path to the qoal for which we hope, to the light in which thou dwellest.

#### Amen.

St. Thomas Aquinas, 1227–74 Translated by Adrian Fortescue, 1874–1923

# Sub tuum præsidium



O Virgin glorious and blessed.

#### Salve Regina



illos





Amen.

Let us pray,

O God, Who hast appointed Mary, Help of Christians, St Francis Xavier and St Therese of the Infant Jesus, Patrons of Australia, grant that through their intercession our brethren outside the Church may receive the light of faith, so that Australia

#### BENEDICTION

may become one in faith under one shepherd. Through Christ our Lord.  $$R_{\rm c}^{\prime}$$  Amen.

Mary, Help of Christians, pray for us.

St Francis Xavier, pray for us.

St Therese of the Infant Jesus, pray for us.

Blessed Mary of the Cross, pray for us.



Sa-lus, honor, virtus Honour, might and praise ad-



Compar sit laudá- ti-o. Amen. who proceeds from both as one.

> V. Panem de cælo præstitísti eis. (P. T. allelúia.) *Thou hast given them bread from heaven.* R. Omne delectaméntum in se habéntem. (P. T. allelúia.) *Having in itself all delight.*

Oremus,

D <sup>EUS</sup>, qui nobis sub Sacraménto mirábili passiónis tuæ memóriam reliquísti : tríbue, quásumus, ita nos córporis et sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis júgiter sentiámus. Qui vivis et regnas in sæcula sæculórum. R. Amen. Let us pray,

O God, who, under a wonderful Sacrament, hast left us a memorial of Thy Passion: grant us, we beseech Thee, so to venerate the sacred mysteries of Thy Body and Blood that we may ever feel within ourselves the fruit of Thy Redemption. Who livest and reignest forever and ever. R. Amen.

#### The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

#### **During Reposition**

The following hymn or another appropriate hymn or motet may be sung as the Blessed Sacrament is reposed in the tabernacle.

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Maternal Heart of Mary Community, Lewisham

http://www.maternalheart.com